

The Rocky Road of Diversity in HE, a Mother's Perspective

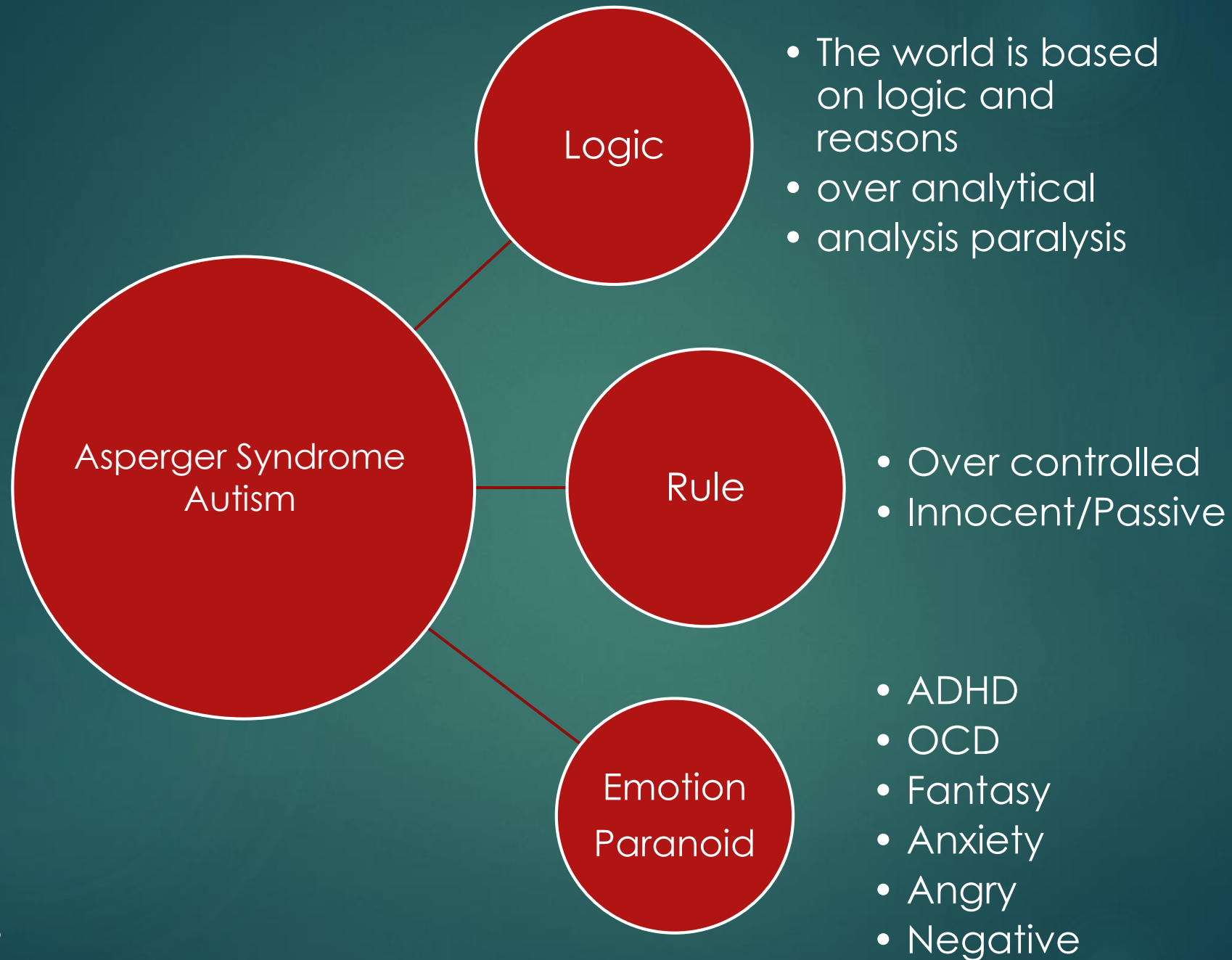
BY

JAN DUNFORD



Is Asperger's syndrome no longer being considered a mental illness on its own?

The main difference between autism and Asperger's is that people with 'classic autism' tend to have some degree of intellectual impairment. According to the press release, several categories from DSM-4 (including Asperger's syndrome) will be replaced by a single diagnostic category of autism spectrum disorders in DSM-5. The following disorders will be incorporated under the diagnosis of autism spectrum disorders:



Physical and emotional exhaustion from socializing ✓

Anxiety/Depression ✓

Difficulties reading the messages in someone's eyes ✓

Problems knowing when something may cause embarrassment ✓

A longer time to process social information, due to using intelligence rather than intuition ✓

Invasion of personal space ✓

Need for a routine ✓

Low self-esteem ✓

Remarkable honesty ✓

Time management, organizational skills ✓

A tendency to make a literal interpretation of what someone says ✓

Heighten Senses, Smell, touch, Hearing ✓

Need to finish one activity before they start another ✓

Coordination issues ✓



No schedule

Could only use a field notebook

Environmental issues

Organizing equipment

Group working

Time to process information



Greater understanding of the geology, been able to put in practice the theory




Schedule for each day

Use of technology

Tour guide equipment

Quite Room

- 
- Improve communication
 - Personal tutors to make regular contact with students
 - If Disability put things in place, then the department should follow the advice
 - Allow the use of technology on field trips
 - Buddy partner for fieldwork/university
 - Clear instructions and time to process the information
 - Advocate should be involved at a much earlier time

References

NHS 2012 <https://www.nhs.uk/news/mental-health/aspergers-not-in-dsm-5-mental-health-manual/#>

Tony Attwood (2018) <http://www.tonyattwood.com.au/about-aspergers/what-is-aspergers>